

Wheelchair Quilts for Residents of Sherwood Park Care Center

You will need 2 fabrics to make the basic version of this easy to make star quilt. It is made of 9 star blocks with 2 borders. You can spice it up by changing the backgrounds of some of the star blocks as you like. This makes a lap quilt of approximately 36x48 in size.

From the star fabric;

Cut 10 strips 2.5 inches wide (across the width of the fabric).

Set aside 4 of these strips for borders

Cut the remaining 6 strips into 2.5 inch squares. You need 96. These will be the star points.

Cut another strip 3.5 inches wide. Sub cut the strip into 12 3.5 inch squares. These will be the center of the stars.

From the second fabric;

Cut 8 strips 3.5 inches wide (across the width of the fabric).

Cut these strips into 96 3.5 inch squares. These are the backgrounds for the stars.

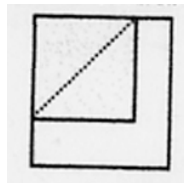
Cut another 4 strips at 5.5 inches wide. Set these aside for borders.

To make the blocks;

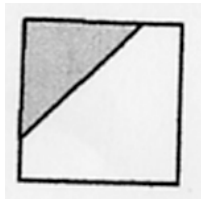
◆ Fold the 2.5 inch squares of star fabric in half diagonally and press with a hot iron.

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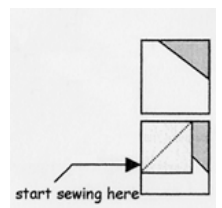
◆ Open one square and place it in the corner of a 3.5 inch background square. Stitch across the star square on the fold line.



◆ Fold the triangle back to the corner of the background block and press it.



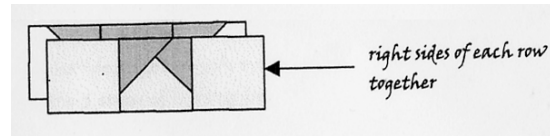
◆ Add the second point by taking another star square (that has been pressed into a triangle) and place it in opposite corner of the background square to where you placed the first point. Open up the square and stitch along its fold line, just the same as the first one. Fold the triangle back and press. You have now mastered the easy star points!



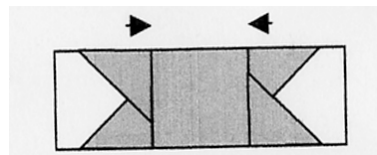
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Make 48 of these point units.

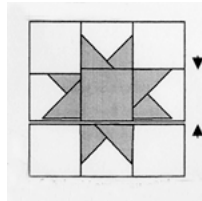
◆ Sew one background square to each side of a points unit. Iron seams towards the background squares. Make 24 of this unit. These are the top and bottom rows of each block.



◆ Sew one of the points units to each side of a 3.5 inch square of the star fabric. Iron seams towards the center square. Make 12 of this unit. These are the center units of each block.



◆ Next sew the blocks together, with a top row to the center unit and then a bottom row. Press seams. Make 12 of these blocks. Trim each block to a 9.25 inch square, cutting equal amounts from each side as necessary.



◆ Next sew the blocks together. Three blocks to each row and a total of four rows.

◆ Add the star fabric zinger border, strip piecing as needed. Then add the main border of background fabric in the same manner.

* Sandwich the quilt with batting and backing fabric. Square it up, quilt and bind as you like.

* This is a great way to use up leftover fabric and some of your stash. You may choose different background fabric for some or all of the stars as well as the borders. Let your imagination guide you and have fun!